

Say Cheese!

It's Time to Prepare for Your Headshot

What to Wear:

DRESS TO IMPRESS FOR YOUR PROFESSIONAL SHOT.

Headshots will be taken from the waist up. Please bring a business casual, professional shirt for Tuesday. Button-downs, collared shirts, or a blazer are excellent options for easy wardrobe changes.

SHOW YOUR ACTIVE WELLNESS SPIRIT!

We also want to capture a fun photo of you in your Live Actively or Active Wellness branded apparel. Wear or bring your favorite branded gear for this second photo. For those who prefer to pack light, you will receive an Active sweatshirt at the conference that can be used for your photo!



Photo-Taking Tips:



AVOID BUSY PATTERNS & BRIGHT COLORS.

Please stick to neutral-colored tops only (black, grey, white, and cream).



KEEP HAIRSTYLE & MAKEUP SIMPLE.



DON'T WEAR DISTRACTING JEWELRY OR ACCESSORIES.



REMEMBER GOOD POSTURE.



RELAX AND HAVE FUN WITH IT!



SMILE!